Responsum Health

Benchmarking Report

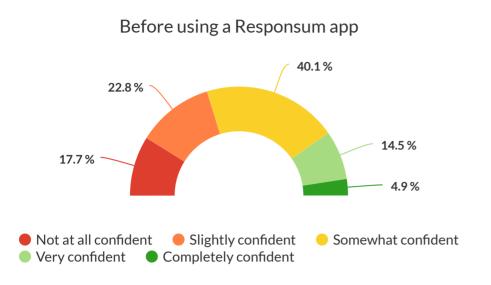


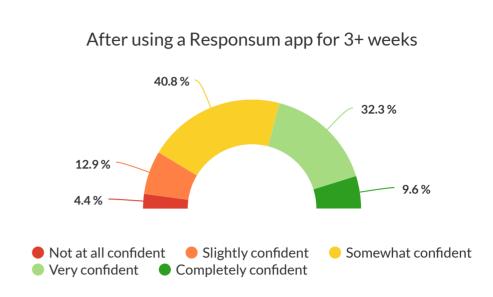
When we launched our first Responsum Health patient knowledge app in 2019, we set out to create a new digital tool for individuals with chronic disease in the hopes of improving patient self-confidence, decision-making, and outcomes. Now, after three years of building apps and bringing communities together, we're seeing data on self-reported user improvement that exceeds our highest hopes.

Below are the survey results compiled from **7,455 respondents** between October 2021 and October 2022 from across our PF, CKD, Uterine Fibroids, Glaucoma, Long COVID, and Menopause communities.

Confidence in current disease knowledge

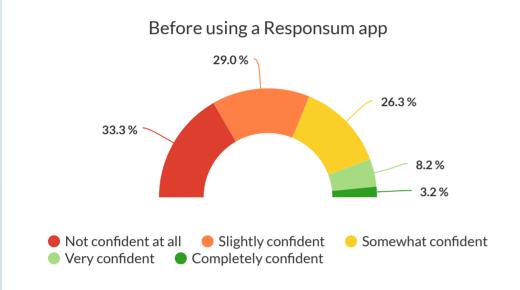
How confident do you feel about your general understanding of your condition and its impact on your life?"

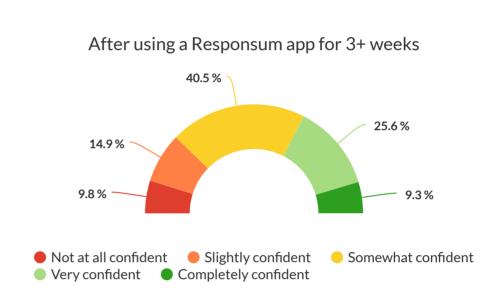




Confidence in knowledge of available treatment options/disease management (diet changes, meds, etc.)

How confident do you feel about your current understanding of what treatment options are available to you?

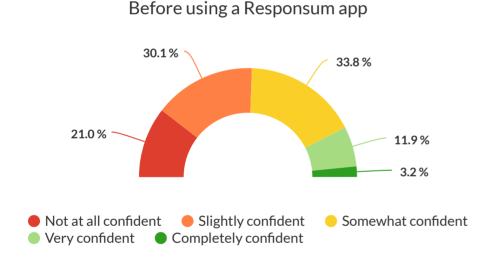


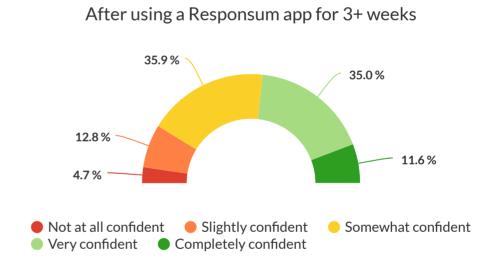


Confidence in decision-making

to make healthcare decisions for yourself?

How confident do you feel about the information you have access to and how well it allows you

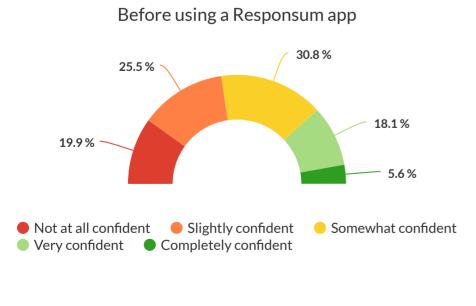


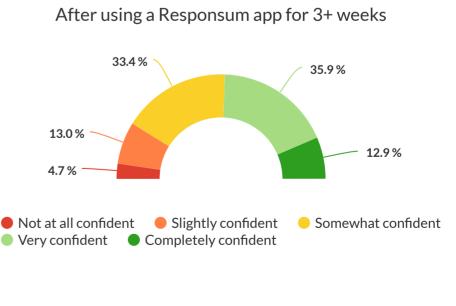


Confidence in engagement with providers

you are with your doctor?

How confident do you feel about your ability to ask the "right" questions when

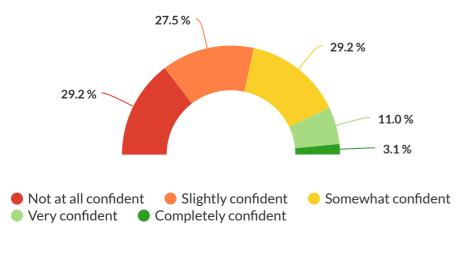




Emotional status) How confident do you feel about how mentally prepared you are to deal with

your condition and its challenges?

Confidence in outlook (Empowered-In control-



Before using a Responsum app

